



BSME GAMES 2009

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The BSME Games which stands for British Schools in the Middle East Games is an annual sports event for Years 5 and 6. It takes place in March each year in different countries in the Middle East. The children compete in Swimming, Athletics, Basketball, Football and Netball over 3 days and the event finishes with a spectacular Gala Dinner where medals and trophies are presented to the winning schools.

This year the event is being held at JESS Arabian Ranches School in Dubai. We have introduced a training squad which any of the pupils in Years 5 and 6 can be part of. 52 girls and boys from Years 5 and 6 have taken part in a training programme twice a week during term 1. They have taken part in Athletics, Football, Netball and Basketball and they have had to be able to commit to both training sessions. Many of them are also members of the extremely successful Marlins Swim Team and train regularly each week. The enthusiasm and commitment so far has been fantastic and the pupils are really supportive of each others achievements.

They have learnt many new skills but I think a highlight for all the training squad has been being able to try out these new skills - the high-jump has proved to be very popular.

The success of the training squad has been helped by the number of Sports Leaders from Year 11, 12 and 13 who are helping with the activities and sharing their expertise and experience.

What Happens Next?

Squad training finished in December.

Selection of the final squad to go to Dubai has been made. 27 children from Years 5 and 6 have been invited to go. These selected pupils will now continue to train right up to the BSME Games in March, but they will begin to practise the specific events that they have been selected for. The training will continue twice a week. We will now start to order specific kit for the trip and begin to build the team spirit of the squad.



Pictured above is last year's basketball team in action.



Pictured is last year's BSME Games Squad who performed extremely well in Doha. We were immensely proud of the squad when they brought home the trophy for the most sporting team at the Games.