



PHYSICAL EDUCATION & SPORTS DEPARTMENT 2008-2009

GCSE LEVEL PHYSICAL EDUCATION 2008–2010

This highly successful subject is offered at two levels: **Full Course** and **Short Course**. The Full Course is offered over two years covering Years 10 and 11 as a subject within the Option pools. The Short Course is offered to Year 10 students as part of their Core curriculum PE. For both courses students have to meet the physical and cognitive standards which will be required to be successful in this subject.

Candidates will undertake and be assessed in a range of practical activities, offering four at long course and two at short course in the final examination/assessment. They will be required to show advanced skills within the context of the activity and demonstrate their abilities in increasingly challenging situations.

Performance is concerned with movement and the specification focuses upon the theoretical aspects of exercise and training which facilitate coordinated movement.

Students will need to know how to apply and demonstrate the relationship between the factors affecting participation and performance; know how and why people get involved in sport; and understand why it is important to lead an active lifestyle. They should be able to relate these factors to their chosen physical activities and show an understanding of their application in sport.

Candidates will also undertake an Analysis of Performance in one of their selected activities.

PRACTICAL ACTIVITIES

Mark Allocation: 60%

There are several groups of activities from which students select four for Full Course and Two for Short Course from at least two different groups.

Over the last ten years students at BSM have been examined in the following activities:

Football, Basketball, Hockey, Netball, Rugby, Badminton, Tennis, Volleyball, Rounders, Swimming, Personal Survival, Horse Riding, Athletics, Sailing, Skiing, Karate, Fitness Training and Dance.

This is by no means a full list.

Assessments take place both on-site and off-site, using the best facilities available, from the Swiss Alps to the Arabian Gulf, from the National Athletics Stadium to the many excellent facilities here at school itself.

NEW GCSE PHYSICAL EDUCATION 2009–2011

In September 2009 the structure of the modified GCSE Physical Education will be adopted for first examination in the summer of 2011.

The exciting and challenging changes to the course occur largely in the practical component although it still accounts for 60% of the overall marks. In addition to the practical performer role, it will also be possible to perform in the role of official and/or leader. The candidate can now offer their practical performance activities from different perspectives which allows for a greater degree of specialisation. The theory part of the exam which is worth 40% is now inclusive of various contemporary topics, in addition to existing ones

Students will be fully informed of the changes in the syllabus and how they will impact on their potential suitability for the course during the information period prior to the GCSE Selection process during the second part of their Year 9.

Full specification details are available from www.edexcel.com