

CURRICULUM

This year the curriculum has changed to ensure that students receive equal blocks of activities from a range of Gymnastic, Games, Aquatic, Dance and Outdoor activities. Each Key Stage (KS) is designed to specifically meet the needs of that age group and the curriculum, through from Reception to Year 11, is progressive.

Each student will do all three activities in the block on a rotation basis, with block 1 ending in early February and Block 2 at the end of June. When the blocks are complete the students will have been assessed in each activity and parents will be sent a PE report.

YEAR	BLOCK 1			BLOCK 2		
KS1	In this Key stage the children do approximately 5/8 weeks of each activity plus swimming all year					
Reception	Physical Development 1	Physical Development 2	Athletics	Gymnastics	Games Activities	Dance
Year 1	Games Activities 1	Athletics	Dance	Gymnastics	Games Activities 2	Games construction
Year 2	Games Activities	Hockey	Athletics	Gymnastics	Dance	Games construction
KS2	In this Key stage the students do five weeks of each activity plus swimming all year					
Year 3	Basketball	Hockey	Athletics	Gymnastics	Dance	Striking / fielding
Year 4	Basketball	Hockey	Athletics	Gymnastics	Dance	Striking / fielding
Year 5	Basketball	Hockey	Athletics	Gymnastics	Dance	Striking / fielding
Year 6	Basketball	Hockey	Athletics	Gymnastics	Dance	Striking / fielding
KS3	In this Key stage the students do five weeks of each activity					
Year 7	Basketball	Hockey	Net Games	Gymnastics	Dance	Football
	Athletics	Striking / fielding	Swimming	O & A	Fitness	Swimming
Year 8	Basketball	Hockey	Net Games	Gymnastics	Dance	Football
	Athletics	Striking / fielding	Swimming	O & A	Fitness	Swimming
Year 9	Basketball	Hockey	Net Games	Gymnastics	Dance	Football
	Athletics	Striking / fielding	Swimming	O & A	Fitness	Swimming
KS4/5	In this Key stage students chose an activity, this is taken for 6 weeks before a new choice. Below are the range of activities that may be offered—in no particular order					
Year 10	Short course GCSE PE	Basketball	Badminton	Football	Dance	Gymnastics
	Volleyball	Swimming	Softball	Hockey	Fitness	Water Polo
Year 11	Sports Leaders	Basketball	Badminton	Football	Dance	Gymnastics
		Swimming	Softball	Hockey	Fitness	Water Polo
Year 12/13	Sports Leaders	As for Year 10 and 11				