

Year 7 Study Guide

2020-2021



**BRITISH SCHOOL
MUSCAT**

Contents

Year 7 Arabic Study Guide	4
Year 7 Art & Design Study Guide	5
Year 7 Computing Study Guide	6
Year 7 Drama Study Guide	7
Year 7 Design & Technology Study Guide	8
Year 7 English Study Guide	9
Year 7 French Study Guide	11
Year 7 Geography Study Guide	12
Year 7 German Study Guide	13
Year 7 History Study Guide	14
Year 7 Mathematics Study Guide	15
Year 7 Music Study Guide	17
Year 7 Physical Education Study Guide	18
Year 7 Science Study Guide	
Year 7 Spanish Study Guide	20

Welcome

Dear Parents,

Thank you for choosing Year 7 at British School Muscat. You have made an excellent decision and your child is soon to start on a journey that will provide them with not only a wealth of opportunities to grow as a person and leader but also to learn a multitude of subjects from inspirational teachers in inspiring facilities.

To ensure you and your child have the best possible start at BSM this booklet provides a guide on how to prepare for your child's next step to Year 7. Whether that be practicing languages on the internet, researching a historical figure or listening to a podcast on maps for Geography or percentages for Mathematics; whatever their preferred learning style the information contained here will mean that they can hit the ground running.

If you do have any questions or queries or even require any additional guidance on how to prepare for a subject, please feel free to contact me on the email below. I look forward to meeting you at one of our Teaching and Learning sessions, Parents' Evenings or at the multitude of events we host throughout the year.

Yours sincerely



Robert Hughes

Teacher of History and Head of Key Stage 3
hughesr1@britishschoolmuscat.com

Year 7 Arabic Study Guide

Brief Overview: To make progress in Arabic please immerse yourself in the culture, traditions and language by watching Arabic cartoons – you can find these on Arabic TV channels and on Youtube. Being in Oman and in the Gulf, you can benefit from mingling with Arabic speaking friends. Try to read as much Arabic as possible such as road signs, leaflets and even menus from different restaurants. Linguascope, quizlet and memrise are fun interactive ways to learn new vocabulary, pick one topic and learn the words using the range of activities. Try to complete the test activity before you move on to a different topic. Effective language learning is little and often. Set aside 15 minute sessions and revisit learning every 4 days.

Please access the websites below and search for topics such as:

Useful Websites:	<ul style="list-style-type: none"> ● Linguascope: www.linguascope.com – Beginner and Intermediate, Username: bsmuscat, Password: mfl2018 ● Quizlet: www.quizlet.com ● Memrise: www.memrise.com
Useful Youtube channels:	<ul style="list-style-type: none"> ● Arabic alphabet songs ● Arabic greetings ● Family members ● Animals and pets
Useful books:	<ul style="list-style-type: none"> ● Discover Arabic books – Anis Bakir (British School Muscat) ● Mastering Arabic 1 – Jane Wightwick and Mahmoud Gaafar
Useful podcasts:	Watching your favourite films in Arabic with subtitles is a great way to get used to hearing the language.
Questions to answer:	<p>ما أسمك؟ كيف حالك؟ أين تسكن؟ أين تدرس؟ من أين أنت؟</p>
When you arrive:	See Mr. Bakir to collect course material.
How parents can help at home:	Encourage students to use the websites little and often.

Year 7 Art & Design Study Guide

Brief Overview:

Art & Design is about expressing what you see, experience or feel. It is different from other subjects in that it allows lots of freedom to be original. Here at BSM we set work that allows you to create imagery and artefacts in a range of media and from a range of inspirational starting points.

Useful Websites:	Studentartguide.com smarthistory.org WikiArt Moma.org Instagram for all visual arts	Tate.com Boooooom.com StreetArtglobe Frieze.com
Useful Youtube channels:	Any Art tutorials for example: How to draw...How to paint...How to illustrate...How to make... And Art/ craft/ Design techniques	
Useful books:	Art today The Art book 20th Century Art 50 artists you should know The Artistic Ape by Desmond Morris <i>A World History of Art</i> by Hugh Honour and John Fleming <i>Ways of Seeing</i> by John Berger	
Questions to answer:	Can I draw what I see? How many ways can I be creative? Do I understand where Art, Craft and Design fits in the world? Do I know why Art is important? How? How many ways can I think of for reasons people make art?	
When you arrive:	Be open minded, be positive, be prepared, enjoy the process	
How parents can help at home:	Providing basic Art equipment: pencils, sharpeners, erasers, fineline pens, watercolour paints & brushes, pencil crayons Ensure that children spend at least 45 minutes on their artwork, show an interest in what they do and support the subject: Art & Design is everywhere: someone designed the chair you are sitting on, the chocolate wrapper you have in the fridge, the clothes you are wearing, the building you live in.... Appreciate the role that Art plays in teaching us about history, culture and society	

This multi cultural mask was designed and made by a year 7 student at BSM



Year 7 Computing Study Guide

Brief Overview:

Computing at Key Stage 3 focuses on the development of young Computer Scientists, problem-designers and problem-solvers.

Schemes of Work are designed to develop a more focused understanding and appreciation of the technology (and the digital principles behind these) we use in our daily lives. Students are also encouraged to think of the future and what might lie ahead.

Useful Websites:	Core <ul style="list-style-type: none"> • BBC Bitesize: https://www.bbc.com/bitesize/subjects/zyc9q6f Extended <ul style="list-style-type: none"> • BBC Bitesize: https://www.bbc.com/bitesize/subjects/z34k7ty Online Programming <ul style="list-style-type: none"> • Codecademy: https://www.codecademy.com/ • CodeinGame: https://www.codingame.com/start
Useful Youtube channels:	Technical <ul style="list-style-type: none"> • Computer Science Tutor Interest <ul style="list-style-type: none"> • Crash Course Computing
Useful books:	Interest <ul style="list-style-type: none"> • Computational Fairy Tales, Jeremy Kubica Problem-Solving <ul style="list-style-type: none"> • 75 Amazing Logic Riddles & Games, MS Collins • The Great Book of Riddles: 250 Magnificent Riddles, Puzzles and Brain Teasers
Useful podcasts:	TechStuff
Questions to answer:	What does your home network ‘look like’? Could you sketch it? Why not choose 16 years as the minimum age for creating online accounts? To what extent are <i>Smart Devices</i> a force for good or for evil? What obligations do we, as young computer scientists, have to support the future and positive development of civilisation?
When you arrive:	Make sure you get your computer login details and your VLE login details from your tutor

Year 7 Drama Study Guide

Brief Overview: Year 7 Drama is delivered as a series of workshops, helping to build confidence and to develop performance skills. Term 1 takes inspiration from stories such as 'Little Red Riding Hood' and 'Hansel and Gretel.' These act as a foundation for improvisation and script work. In Term 2, students explore physical theatre through movement work inspired by machines. They also enjoy improvisation based on time travel influenced by 'The Time Machine' by H.G Wells. Students then have the opportunity to perform in the theatre using masks made in Art. This final term also sees students enjoying an introduction to mime skills.

Please access the websites below and search for topics such as:

Useful Websites:	theliterarylink.com/gretel.html: Hansel and Gretel sidekicktheatre.com Little Red Riding Hood sparknotes.com The time Machine Chapters 1 & 2 summary
Useful Youtube channels:	Rowan Atkinson invisible drum kit Rowan Atkinson the piano player Le Mime Marceau
Useful books:	'Beware of girls' Tony Blundell H.G Wells: The Time Machine; Chapter 1: (original form) (summary in Spark notes is easy to follow)
Useful podcasts:	Po mime Slow Motion Lesson
Questions to answer:	Can you write a short scene between wolf and Little Red Riding Hood? Can you develop an advert for a theatre company performing Little Red Riding Hood? Can you design a time machine and write an advert selling it? Can you develop and rehearse a mime piece using an imaginary musical instrument inspired by Mr. Bean?
When you arrive:	Visit the drama department and see if you can be involved in the school production. This year we performed Peter Pan in the Oryx Theatre.
How parents can help at home:	When you watch a film or television drama, be prepared to discuss the way actors portray their characters. Consider performance skills: voice, gesture and movement. How were emotions conveyed? Was facial expression effective? What do we mean by star quality? Support your child's interest by encouraging them to join the Youth Theatre and attending rehearsals.



Year 7 Design & Technology Study Guide

Brief Overview: Year 7 D&T is delivered to students in a carousel of 3 projects. Students develop basic skills in a range of materials and subject areas. Practical work is supported by theory which is taught right through year 7

We use various websites and software which students should familiarize themselves with.

Useful Websites:	Worksheets and a wealth of information. This site should be accessed before any other when looking for information www.technologystudent.com As a department we subscribe to specific resources which can be accessed through www.focuselearning.co.uk username: student@thebritish4801 password a2h5kfriy
Useful Youtube channels:	Howstuff works
Useful books:	A range of textbooks can be accessed in the school library and in DT. In particular the DT class book by Peter Bull
Questions to answer:	What makes good design? How and why has design evolved. Why is sustainable design important? How can computers help us design and manufacture? Why should be recycle?
When you arrive:	Visit the school library and ask the Librarian to guide you to the extensive range of design and Technology books available. Also visit the DT resource room where you can borrow books.
How parents can help at home:	Parents can encourage students to talk about key features of products with them. For example the design of a remote control, kettle, toaster etc.



The Year 7 workshop noticeboard in the DT Lab

Year 7 English Study Guide

Brief Overview: In class, students work individually, in pairs, in groups and as a whole class, on a broad range of activities, to develop their skills in speaking and listening, reading and interpretation, knowledge about language and a full range of styles of writing. We study a novel (teacher's choice), Shakespeare's world in Elizabethan England (with a focus on Julius Caesar), the Power of Poetry and a nonfiction and fiction texts unit based on the Sci-Fi genre

Please access the websites below and search for topics such as:

Useful Websites:	<p>Useful games to help you develop your literacy skills:</p> <ul style="list-style-type: none"> • www.what2learn.com: Play Hangman, Word searches, and Listen and Spell games • www.vocabulary.co.il: Vocabulary building games • Sheppard Software Word Games - Play language building games • Spelling City - Practice your spelling and vocabulary word lists • www.educationquizzes.com • www.channel4learning.com • www.topmarks.co.uk • Read, Write, Think - Essay Map to help organise your essay writing • BBC Bitesize English • BBC Bitesize KS3 • BBC Bitesize GCSE - English Language resources and English literature resources for KS3 students <p>Guardian Children's Fiction Prize / Scottish Children's Book Award / Blue Peter Book Awards / CILIP Carnegie Medal / Children's Coast Award / Waterstone's Children's Book Prize / Red House Children's Book Award</p> <p>The annual English trip to the Dubai Literary festival: emirateslitfest.com</p>
Useful Youtube channels:	Animated Julius Caesar Poetic techniques
Useful books:	<p>Use the KS3 reading list to gain some ideas to widen your reading range:</p> <ul style="list-style-type: none"> • schoolreadinglist.co.uk • Page By Page Books - Read hundreds of classic books, all absolutely free • Classic Reader - Choose from thousands of free books • Goodreads.com • Lovereading4kids.co.uk • The Ultimate Backseat Bookshelf: 100 Must-Reads For Kids 9-14
Useful podcasts:	<ul style="list-style-type: none"> • First Draft With Sarah Enni • YA Podcast Archives - The B&N Teen Blog — The B&N Teen • 88 Cups of Tea Online Platform and Podcast for Creative Writers and Storytellers • This Creative Life <p>Look at films of books – eg. Eragon, Life of Pi, Lemony Snicket, Coraline and many more.</p>

Questions to answer:	Each year we run a range of creative competitions. Last year these included the ‘Poet in Residence’ competition, ‘Writer of the Month’ and the ‘Everyone has a Story’ short story writing competitions, the 500 word challenge, the Chevron Readers’ Cup competition and the Poetry Par Coeur competition. We strive to give our students as many opportunities to be as creative as possible. Will you take part in any of these competitions?
When you arrive:	Go to the Library and take out a book – ask the Librarian for a recommendation. Come up to the English department (Q Block), take a look at our books and enjoy the Book Nook corner.
How parents can help at home:	There are a number of resources available on the KS3 Scheme of Learning - Year 7 Google classroom which all Year 7s have access to once they are in Year 7 at BSM. Please take a look at these resources which will help guide your child through the year in English.



Year 7 students with their work for Journey to The Globe

Year 7 French Study Guide

Brief Overview: To make progress in French please immerse yourself in the culture, traditions and language by watching French, Canadian, Belgian or Swiss cartoons – you can find these on Youtube or simply watch your favorite movie with French subtitles. Try and read/ listen to as much French as possible by reading Blogs or Comics online. Linguascope is a fun interactive way to learn new vocabulary, pick one topic a week and learn the words using the range of activities and complete the *Testez vous*. Languagesonline is a free website, very useful to learn or revise grammar rules. Effective language learning is little and often. Set aside 15 minute sessions and revisit learning every 4 days.

Please access the websites below and search for topics such as: family (moi et ma famille) / daily life (la vie au quotidien) / food (l'alimentation/la nourriture)

Useful Websites:	Linguascope www.linguascope.com – Beginner and Intermediate Username: bsmuscat Password: mfl2018 Languagesonline languages online BBC KS3 Bitesize French Speaking and Listening
Useful Youtube channels:	Learn French With Alexa (French for Kids playlist) Parapluie French
Useful books:	Studio 1. Heinemann. Clive Bell and Anneli McLachlan
Useful podcasts:	Watching your favourite films in French with subtitles is a great way to get used to hearing the language.
Questions to answer:	Comment t'appelles-tu? Comment es-tu? (personalité et physique) Où habites-tu? Quel âge as-tu? Quelle est la date de ton anniversaire? Décris ta famille. Tu as des frères et des soeurs? Qu'est-ce que tu aimes? Qu'est-ce que tu n'aimes pas?
When you arrive:	See Mrs Hassan to collect course material.
How parents can help at home:	Encourage students to use the websites little and often.

Year 7 Geography Study Guide

Brief Overview: Year 7 students study a range of human and physical geographies that seek to unlock the world around you and provide a solid foundation for the geographical themes in the upper school. Key topics are Earth Story, Map Skills, Settlement, Rivers and Africa.

Useful Websites:	<ul style="list-style-type: none"> BBC Bitesize: KS3 Geography Key stage 3 quizzes: KS3 Geography Quizzes Google Earth National Geographic
Useful books:	<ul style="list-style-type: none"> Geog. 14th Edition. Gallagher, Parish and Williamson <i>Adventures around the Globe Lonely Planet - Kids</i> An Atlas!
TOP TIPS	<p>Read a good daily newspaper/ news websites – so much news has a geographical element. Keep a close eye on relevant news stories to become an informed, global citizen.</p> <p>Consider any holiday or visit an informal geographical fieldtrip. Read travel guides before and when you go – these will enable you to enjoy all aspects of your trip e.g. landscape and culture.</p>
Enquiries / Questions	<ul style="list-style-type: none"> Why was the place you live chosen as a site for development? Plot your route to school using Google Earth What are Rivers called in Oman? Make a fact file about your favourite river. Who is your favorite explorer and why? What is the highest mountain in the Middle East? Where is it, how high is it? What is it like?
When you arrive:	Get a map of Muscat and stick it on your bedroom wall. Add post-its and key points to the places you visit. You could do the same with a map of the whole of Oman!



Year 7 on their trip to Wadi Daykah

Year 7 German Study Guide

Brief Overview: To make progress in German please immerse yourself in the culture, traditions and language by watching German, Austrian or Swiss cartoons – you can find these on Youtube or simply watch your favorite movie with German subtitles. Try and read/ listen to as much German as possible by reading Blogs or Comics online. Linguascope is a fun interactive way to learn new vocabulary, pick one topic a week and learn the words using the range of activities and complete the *Teste Dich*. Effective language learning is little and often. Set aside 15 minute sessions and revisit learning every 4 days.

Please access the websites below and search for topics such as:

Useful Websites:	<ul style="list-style-type: none"> Linguascope www.linguascope.com – Beginner and Intermediate, Username: bsmuscat, Password: mfl2018 BBC Bitesize KS3 German Speaking and Listening
Useful Youtube channels:	<ul style="list-style-type: none"> Hallo aus Berlin – Episode 1-9 Quizet Memrise Thisislanguage.com
Useful books:	<ul style="list-style-type: none"> Stimmt 1. Pearson. Rachel Hawkes and Michael Spencer
Useful podcasts:	Watching your favourite films in German with subtitles is a great way to get used to hearing the language.
Questions to answer:	<ul style="list-style-type: none"> Wie heisst du? Wie bist du? Wo wohnst du? Wie alt bist du? Wann hast du Geburstag? Beschreib deine Familie?
When you arrive:	See Miss Evans to collect course material.
How parents can help at home:	Encourage students to use the websites little and often.

Year 7 History Study Guide

Brief Overview: Year 7 History is delivered to students as a series of major events from the period 1000-1603. Students will study History from Britain and other cultures.

Please access the websites below and search for topics such as: The battle of Hastings, Feudalism, King John, the spread of Islam, the Crusades and the Tudors.

Useful Websites:	<ul style="list-style-type: none"> • The Middle Ages (12th to 15th century) - KS3 History • KS3 History Games • KS3 History Activities
Useful Youtube channels:	<ul style="list-style-type: none"> • CrashCourse • Horrible Histories • History Hit
Useful books:	<ul style="list-style-type: none"> • Horrible Histories: 'Stormin Normans' 'Measely Middle Ages' 'Terrible Tudors' • Robert Lacey 'Great Tales of English History'
Useful podcasts:	<ul style="list-style-type: none"> • History Hit: Dan Snow: https://www.historyhit.com/podcasts/ • Versus History Podcast: http://www.versushistory.com/podcasts.html
Questions to answer:	Why did William win the battle of Hastings? Was King John really a bad king? Why did the Islamic Empire spread so fast? Was Saladin a good leader? Why did the Spanish Armada fail? What makes a source useful or reliable?
When you arrive:	Visit the school library and ask the Librarian to guide you to the extensive range of resources covering the periods studied in Year 7.
How parents can help at home:	Ask inquisitive questions – what evidence do you have to support your judgement? Why do you think that is the most important cause/consequence of an event? During the year parents can also check students are following the set writing frames to structure their answers effectively.



Year 7 Mathematics Study Guide

Brief Overview:

The mathematics curriculum in Year 7 is delivered across four strands: Number, Algebra, Data Handling, and Shape, Space and Measures. This year, you will study a range of topics from each strand, spread over ten Modules. After every two modules, you will be tested on the topics covered in class. The five tests you will be sitting in Year 7 are called Key Assessments, and they inform the teachers in the Mathematics Department how well you have understood the topics taught. Your performance in the Key Assessments form the basis of the setting policy in the Mathematics Department.

Obviously, we expect you to do your best, which includes good class participation, producing high quality work and demonstrating a positive attitude towards mathematics. However, High Performance Learning in mathematics also requires students to consolidate their skills and knowledge regularly at home; especially in Year 7 and Year 8, the mastery of the Number and Algebra strands are essential and are the foundation blocks further success in the GCSE course, which starts in Year 9 for mathematics.

Besides trying to perform as best you can, we also would like you to enjoy mathematics and explore this subject in whichever way you prefer: books, websites, podcasts, YouTube or any other medium you like.

The aim of this study guide is:

- to inform you about how to revise at home effectively, and to point you in the direction of resources, which we believe will make your revision at home a success.
- to encourage you to broaden your horizon and think about mathematics beyond the confines of the school curriculum.

We hope you find the Mathematics Study Guide useful and if you come across any resources or media, which you think are fun and/or useful, please, let us know so that we can share your suggestions with other students.

<p>Useful Websites:</p>	<p>The Mathematics Folder in BSM's Google Drive should be the starting point for every new BSM student. When you join BSM, you will get a school email account, which will give you access to the Mathematics folder on BSM's Google Drive. In this folder, you find a range of resources which are directly linked to our curriculum: Schemes of Work, text books, worksheets, PowerPoint Presentations, video clips and practice tests.</p> <p>HegartyMaths.com and DrFrostMaths.com are two websites which play a key role in the teaching and learning in the Mathematics Department. Your mathematics teacher will use these websites to set homework and/or to set tasks for your revision. But even without the guidance of your teacher you yourself can use these websites independently to revise at home.</p> <table border="0" data-bbox="340 1910 1065 2068"> <tr> <td data-bbox="340 1910 715 1944">MrBartonMaths.com</td><td data-bbox="755 1910 1065 1944">Corbettmaths.com</td></tr> <tr> <td data-bbox="340 1951 604 1984">BBC.com/bitesize</td><td data-bbox="755 1951 1065 1984">NumeracyNinjas.org</td></tr> <tr> <td data-bbox="340 1991 556 2025">Khan Academy</td><td data-bbox="755 1991 1065 2025">Math Antics</td></tr> <tr> <td data-bbox="340 2032 588 2065">PixieMaths.co.uk</td><td></td></tr> </table>	MrBartonMaths.com	Corbettmaths.com	BBC.com/bitesize	NumeracyNinjas.org	Khan Academy	Math Antics	PixieMaths.co.uk	
MrBartonMaths.com	Corbettmaths.com								
BBC.com/bitesize	NumeracyNinjas.org								
Khan Academy	Math Antics								
PixieMaths.co.uk									

	<p>ttRockStars.com is a subscription website we use in Year 7 and Year 8. Your teacher will sign you up for this fun website with the aim to consolidate your times tables.</p> <p>Websites with games for a bit of fun while practising your mathematics skills are:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">MangaHigh.com</td><td style="width: 50%;">SuperMathWorld.com</td></tr> <tr> <td>MathIsFun.com</td><td>Mathigon.org</td></tr> </table> <p>If you like problem solving, then we suggest to have a look at the following website:</p> <p>ukmt-recources.org.uk/index-tr.html (UK Maths Challenge) nrich.maths.org cipherchallenge.org</p>	MangaHigh.com	SuperMathWorld.com	MathIsFun.com	Mathigon.org
MangaHigh.com	SuperMathWorld.com				
MathIsFun.com	Mathigon.org				
Useful YouTube channels:	<p>If you like to broaden your mathematical horizon, then you will enjoy the following YouTube channels:</p> <p>TED Ed Math Playlist Numberphile Mind Your Decisions Head Squeeze - Number Hub episodes Brains On - Numbers episodes</p>				
Useful books:	<p>If you like maths related stories, then you may want to check out the following books:</p> <p>The Red Blazer Girls (Michael Beil) The Number Devil (Hans Magnus Enzensberger) In Code (Sarah Flannery) Fermat's Last Theorem (Simon Singh) The Cracking Code Book (Simon Singh) The Man who Counted (Malba Tahan) Flatland (Edwin Abbott)</p>				
Useful podcasts:	<p>A Brief History of Mathematics (BBC Radio) Women Are Not Men (Freakonomics Radio) How to Use Percentages to Easily Calculate Tips (Math Dude Quick and Dirty Tips) Perfect Maps (Math Mutation)</p>				
Questions to answer:	<p>From which country does the number 0 originate? - Not sure, google it.</p> <p>Why is 1 not a prime number? - Not sure, ask your primary teacher.</p> <p>How do you pay off one trillion dollars? - Not sure, go to Head Squeeze Youtube Channel.</p>				

Year 7 Music Study Guide

Brief Overview: In Year 7 BSM students use musical skills developed in the Primary school to further their creative journey through a variety of genres, starting with Beatboxing and group singing, and then moving on to using digital cloud-based studios to compose and record music.

Please access the websites below and search for topics such as: basic music notation, the elements of music, the importance of music on a developing adolescent brain.

Useful Websites:	Incredibox BBC Culture - Music Music Theory Lessons How To Read Sheet Music: Step-by-Step Instructions
Useful Youtube channels:	Introduction to Rhythm Reading: Stage One David Dobrik Hot Ones Introduction to Reading Rhythms: Stage Three
Useful books:	This Is Your Brain on Music by Daniel J. Levitin: 9780452288522
Useful podcasts:	BBC Podcasts - Music
Questions to answer:	<p>Which genre of music do I most easily associate with? What would I say was my favourite song/album/piece of music and why?</p> <p>How and when do I listen to music? Name three pieces of music that energise you, and three that make you feel sad or slow. Name one piece of music that you hate, and be prepared to explain why.</p>
When you arrive:	Come with an open mind, even if you have had no formal musical training before. Be willing to take a chance, find a creative voice and explore ways of expressing yourself through music.
How parents can help at home:	Consider signing your child up for instrument lessons after school and encouraging them to join a school music ECA.



Year 7 Physical Education Study Guide

Brief Overview: During your child's time in Year 7 we aim to give them a broad and balanced curriculum which gives them the opportunity to participate in many different sports and activities. Students will gain a clear understanding of the activities including rules, regulations and body management and will give them enough time to develop their skills, decision making, leadership and coaching within many different areas of PE.

Please access the websites below and search for topics such as:

Useful Websites:	<ul style="list-style-type: none"> ● www.bbcbitesize.co.uk ● www.bbc/sport.co.uk
Useful Youtube channels:	Any clip based around sports coaching/demonstrations of skill/game play or performance/tactics and strategy/GCSE PE (particularly animated anatomy & physiology clips – Heart/Lungs).
Useful books:	The World of Sport Examined Pearson's edexcel GCSE PE
Useful podcasts:	See https://www.bbc.co.uk/podcasts/category/sport (various current sporting affair topics discussed)
Questions to answer:	<p>Which key sporting areas/activities do you enjoy from: Games (invasion, net & wall, target); Water sports; Fitness & Health; Gymnastics & Trampolining; Problem solving/Outdoor & Adventurous Activities; Athletics; Martial Arts.</p> <p>How many times do you exercise (moderately) per week, for between 30 mins – 1 hour?</p> <p>Would you consider representing your school in sports? Which sport/sports?</p>
When you arrive:	<p>Take a look at the notice boards to make sure you know what sporting activities you will do carrying out throughout the year.</p> <p>Be organised with the correct kit.</p> <p>Be safe with water, a hat and sunscreen.</p> <p>Join at least one Extra Curricular Activity (of your choice).</p>
How parents can help at home:	<p>Encourage your child to attend outside of school sports clubs in order to aid development with in the chosen sports sporting activity/ies, e.g. Football Academies, Hoops Basketball Club, Flames Netball Club, BAM Dance Club, Gymuscat, Muscat Pirates Rugby Club, Ghala Wentworth Golf Club etc.</p> <p>Support and facilitate your child's commitment to school teams by providing transport for their child to and from fixture locations, as well as help your child balance their time between academic work and sporting, physical activity so all aspects of their schooling can develop.</p>



Year 7 Science Study Guide

Brief Overview: The syllabus includes chemistry, physics and biology and is designed to build on the topics the children studied at primary school. Children will be working with familiar subjects but the work will be more advanced. They will be working in laboratories, carrying out more experiments and recording and analysing their results. This will help the children to develop particular areas of scientific learning such as practical and enquiry skills, critical understanding of evidence and communication skills

Please access the websites below and search for topics such as videos and quizzes to consolidate learning as well as fun interactive activities to make science learning interesting as a start in secondary schools

Useful Websites:	<p>Fast and fun way to study: https://www.senecalearning.com/</p> <p>https://www.stampscience.com/year-7.html</p> <p>Website with science quizzes: http://www.think-bank.com/quiz/science/index.html</p> <p>BBC Bitesize, a favourite: https://www.bbc.com/bitesize/subjects/zng4d2p</p> <p>Planet science a good website with lots of interactive activities http://www.planet-science.com/categories/over-11s.aspx</p>
Useful Youtube channels	https://www.youtube.com/results?search_query=year+7+science
Useful books:	KS3 Science Year 7 Workbook (Collins KS3 Revision)
Useful podcasts/films:	<p>https://www.fizzicseducation.com.au/articles/12-science-podcasts-for-teachers-students/</p> <p>https://www.teachthought.com/education/50-of-the-best-podcasts-for-high-school-students/</p> <p>https://interestingengineering.com/23-best-technology-and-science-podcasts-that-will-make-you-more-intelligent</p>
When you arrive:	Visit the school library and ask the Librarian to guide you to the extensive range of Science books available. Take a look at the notice boards in science building to get a taste of the science experiments done in school. Also join the science club as an extracurricular activity
How parents can help at home:	Support children in becoming more independent. Encourage children to take responsibility in planning their homework and remembering their kit. Encourage children to stay engaged and set limits on social media usage

Year 7 Spanish Study Guide

Brief Overview: To make progress in Spanish please immerse yourself in the culture, traditions and language by watching Hispanic cartoons – you can find these on Youtube or simply watch your favorite movie with Spanish subtitles. Try and read/ listen to as much Spanish as possible by reading Blogs or Comics online. Linguascope is a fun interactive way to learn new vocabulary, pick one topic a week and learn the words using the range of activities and complete the *Pruebate*. Effective language learning is little and often. Set aside 15 minute sessions and revisit learning every 4 days.

Please access the websites below and search for topics such as:

Useful Websites:	<ul style="list-style-type: none"> • Linguascope www.linguascope.com – Beginner and Intermediate, Username: bsmuscat, Password: 20twenty • BBC Bitesize KS3 Spanish Speaking and Listening • thisislanguage
Useful Youtube channels:	Easy Spanish Learning Dora la exploradora.
Useful books:	It is recommended to try reading some of your favourite childhood books in the target language (Spanish).
Useful podcasts/films:	Watching your favourite films in Spanish with subtitles is another great way to absorb yourself in the language.
Questions to answer:	<p>¿Cómo te llamas? ¿Cómo estás? ¿De dónde eres ¿Dónde vives? ¿Cuántos años tienes?</p>
When you arrive:	See Miss Argyle to collect course material.
How parents can help at home:	Encourage students to use the websites little and often.